IN THE CLAIMS:

Claims 1-16 (canceled).

- 17. (new) A method of treating or preventing a disease comprising administering to an animal in need of such treatment, a pharmaceutical or nutritional composition comprising an enzyme treated fish protein hydrolysate (FPH) material.
 - 18. (new) The method of claim 17, wherein the disease is fatty liver.
 - 19. (new) The method of claim 17, wherein the disease is hypercholestrolemia.
 - 20. (new) The method of claim 17, wherein the disease is hyperhomocysteinemia.
 - 21. (new) The method of claim 17, wherein the said animal is human.
- 22. (new) The method of claim 17, wherein said animal is an agricultural animal selected from the group consisting of gallinaceous birds, bovine, ovine, caprine and porcine.
 - 23. (new) The method of claim 17, wherein said animal is a domestic animal.
 - 24. (new) The method of claim 17, wherein said animal is a fish or shellfish.
- 25. (new) The method of claim 17, wherein the nutritional composition is a food grade product or additive.
- 26. (new) A method of producing an enzyme treated fish protein hydrolysate (FPH), comprising the steps of:

- a) hydrolyzing fish flesh remnants with a protease enzyme at a pH in the range of 5.0 -8.0, and at a temperature in the range of 40 -70 °C to yield a hydrolysate;
 - b) raising the temperature to about 90-99°C;
 - c) removing an insoluble fraction by decanting and filtering;
- d) separating the remaining mixture in a three phase separator into an oil fraction, an emulsion fraction and aqueous fraction, and
- e) isolating and filtering the aqueous fraction through an ultramembrane with a nominal molecular weight limit of 100 000;
 - f) spray-drying the hydrolysate.
- 27. (new) The process according to claim 26, wherein the enzyme treated fish protein hydrolysate (FPH) material contains proteins in the range 70 90%.
- 28. (new) The process according to claim 26, wherein the amino acid content of the PFH material is as a given in Table 2.
- 29. (new) The method of claim 26, wherein the fish protein hydrolysate material is fish flesh remnants on salmon bone frames after filleting.
- 30. (new) The method of claim 26, wherein the fish protein hydrolysate material is produced by a Bacillus protease enzyme complex.
- 31. (new) The method of claim 26, wherein the fish protein hydrolysate material is produced by an enzymatic hydrolysis performed at a pH in the range of 6.0 7.0.
- 32. (new) The method of claim 26, wherein the fish protein hydrolysate material is produced by an enzymatic hydrolysis performed at a temperature in the range of 50 60 °C.
- 33. (new) A method of treating or preventing atherosclerosis, coronary heart disease, stenosis, thrombosis, myocardial infarction and stroke comprising administering

to an animal in need of such treatment, a pharmaceutical or nutritional composition comprising an enzyme treated fish protein hydrolysate (FPH) material prepared according to claim 26.